HEAT STRESS ESSENTIALS

Be Prepared for Heat-Related Work Emergencies

- Heat Stress
- Outdoor First Aid
- Skin Care







OSHA launched an indoor and outdoor heat-related hazards enforcement program on April 8, 2022 to increase OSHA inspections in over 70 indoor and outdoor highrisk industries.

Heat Stress Kits

Heat is the most dangerous weather condition¹

Extreme heat is more deadly than natural disasters, hurricanes, tornadoes, earthquakes, and floods combined! Heat stress injuries are preventable with the right preparation and best practices.

First Aid for High Temperatures



OSHA Heat Stress Kit - Medium
91383 Plastic Case

Compliant 8.25" x 5.5" x 3"

5" x 5.5" x 3" PIECES 12

91383	Description
4	Electrolyte Powder Drink Mix
2	Instant Cold Pack
2	Disposable Thermometer
1	Emergency Blanket
1	Waterproof Tape, 1/2" x 5yd
2	Emergency Waterpacks, 4oz



OSHA Compliant

Heat Stress Kit - Large

5250 Plastic Case

9.6" x 6.5" x 3" PIECES 26

5250	Description
12	Electrolyte Powder Drink Mix
4	Instant Cold Pack
5	Disposable Thermometer
1	Emergency Blanket
2	Waterproof Tape, 1/2" x 5yd
2	Emergency Waterpacks, 4oz





Snake Bite Kits

3027 Fabric Pouch 3" x 4" x 1.75"

PIECES 9

7103 Unitized Box, w/Plastic Carry Tube 4" x 2.5" x 1.25" PIECES 9

3027	7103	Description
2	2	Adhesive Sheer Plastic Bandages, 1" x 3"
2	2	Ammonia Inhalants
2		BZK Antiseptic Towelettes
1		Tourniquet, 1" x 18"
1	1	Scalpel Blade
1	1	Venom Extractor Pump
	2	Alcohol Wipes

OSHA

Splinter & Tick Removal Kits

7108 Unitized Box, w/Plastic Carry Tube 4" x 2.5" x 1.25" PIECES 16

7108	Description
5	Adhesive Plastic Bandages, 1" x 3"
5	BZK Antiseptic Towelettes
2	Resealable Plastic Bags
1	Clear Plastic Carrying Case
1	Forceps
1	Magnifying Glass
1	Tick Identification Card

Heat Illness Can Be Deadly



During hot weather, especially with high humidity, sweating isn't enough. Body temperature can rise to dangerous levels if you don't drink enough water and rest in the shade. You can suffer from heat exhaustion or heat stroke. Heat illnesses and deaths are preventable.

OSHA

Employers Must Protect Workers from Excessive Heat Injuries

Under OSHA law, employers are responsible for providing workplaces free of known safety hazards. This includes protecting workers from extreme heat. Working in full sunlight can increase heat index values by 15 degrees Fahrenheit. Keep this in mind and plan additional precautions for working in these dangerous conditions.



Sunburns, insect stings & poison ivy happen more frequently in the summer

Protect workers from common skin hazards in outdoor conditions with solutions that prevent discomfort and reduce potential health risks.



18-760

Insect Repellent

Item#	Description
18-790	BugX30 Insect Repellent Spray DEET, 2oz bottle
18-798	BugX30 Insect Repellent Spray DEET, 8oz bottle
18-145	BugX30 Insect Repellent Wipes DEET, 4ct
18-725	BugX30 Insect Repellent Wipes DEET, 25ct
18-802	BugX DEET FREE Insect Repellent Spray, 2oz bottle



Poison Oak & Ivy

Item#	Description
18-050	IvyX Pre-Contact Lotion, 4oz bottle
18-055	IvyX Pre-Contact Lotion Packets, 50ct
18-065	IvyX Post-Contact Cleanser Packets, 50ct
91082	Poison Oak & Ivy Post-Contact Cleanser Towelette, 2ct
91083	Poison Oak & Ivy Post-Contact Cleanser Towelette, 2ct



Cold Packs

Item#	Description
K2104	Cold Pack, 4" x 5"
21-004	Cold Pack, 4" x 5", 1ct (boxed)
B503-5	Cold Pack, 4" x 5", 1ct (5 boxes)
21-4000	Cold Pack, 6" x 9"
M564-E	Cold Pack, 6" x 9", 1ct (boxed)
90865	Cold Pack Securing Wrap, 6" x 30", 12ct
13462	Reusable Hot/Cold Pack, 6" x 9"



Sunscreen

Item#	Description
18-135	Lipbalm Packets, 10ct
18-204	SunX30 Sunscreen Lotion, 4oz bottle
18-250	SunX30 Sunscreen Lotion, 1 Gallon
18-350	SunX30 Sunscreen Lotion Packets, 50ct
18-304	SunX30 Sunscreen Spray 4oz nump



Itch & Sting Relief

Item#	Description
91084	Anti-Itch Packets, 12ct
18-012	Hydrocortisone Anti-Itch Cream Packets, 12ct
G486	Hydrocortisone Anti-Itch Cream Packets, 25ct
M4033-144	Hydrocortisone Anti-Itch Cream Packets, 144ct
19-001	Sting Relief Swabs, 10ct
19-100	Sting Relief Swabs, 100ct
19-002	Sting Relief Wipes, 10ct
19-200	Sting Relief Wipes, 100ct
750015	Sting Relief Kit, 4 pieces

Skin Care

We offer sunscreen with SPF30.

1,000,000+

in the USA are Diagnosed with Skin Cancer Each Year²

Approximately 85%

of the general population will develop an allergy if exposed to poison oak, ivy or sumac.³

²National Cancer Institute (NCI) ³Occupational Safety and Health Administration (OSHA)

Contact your sales partner or visit firstaidonly.com for additional assortment available

